

A DOCTOR, A NURSE, AND A CUSTODIAN WALK INTO A LIBRARY



**Anna Robbins, Alee Kinsland, Renee Lamoureux, and Diane Wennberg
from Essentia Health**



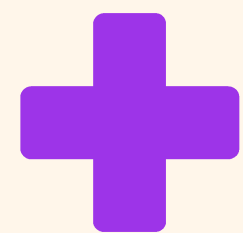
- **A Day in the Life**

- **Finding Reliable Health Information**



- **Supporting Colleague Well-Being**

- **How Does This Apply to You?**



A Day in the Life



A Day...

8:00



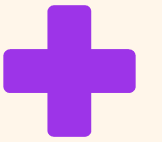
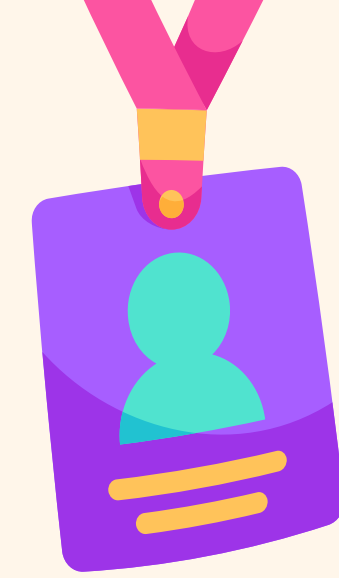
9:00



10:00



11:00



Reference Interview



The Basic Info

Name
Contact Info
Time frame
Brief or extensive
Search back 5 years+



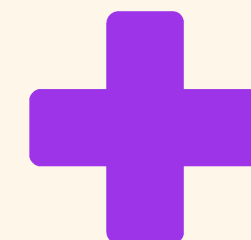
The Main Point

Patient
Setting
Condition
Disease
Body Parts
Treatment
Drug
Therapy
Outcome



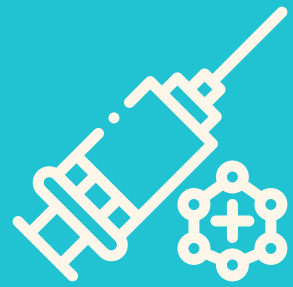
The Nuance

Their role
Synonyms
Abbreviations/acronyms
Context
Cause/Effect





Searching, Evaluating, Delivering



A **Nurse Resident's** PICO question:

How does a structured I&O reminder compare to no reminder affect the accuracy to I&O charting for patients in one month?



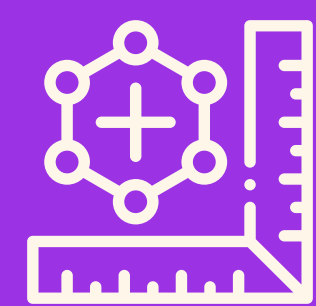
A **Chaplain's** request:

Books and articles on meeting the spirituality needs of patients and family members at the bedside in a palliative care setting.




A **Physical Therapist's** email:

What is the effectiveness of dry needling therapy versus manual therapy?



Query from a **Operations Director**:

How hot should water be to sterilize scrubs and laundry?



A Day...



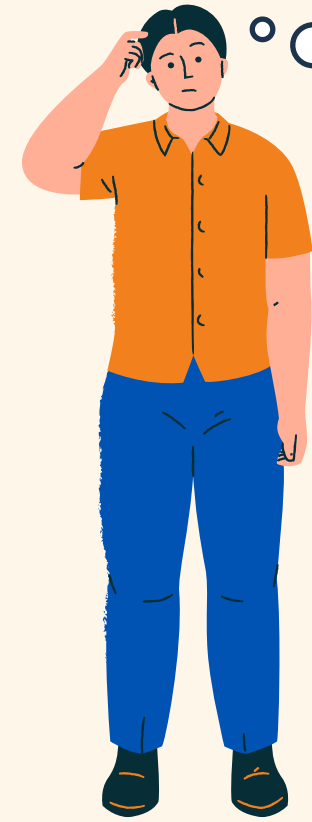
12:00



1:00



2:00



3:00

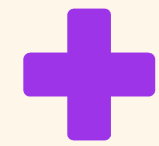


Collections

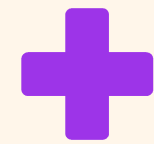
Books

Journals

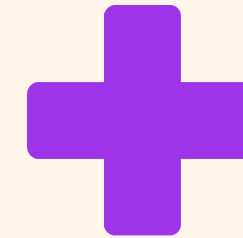
Databases



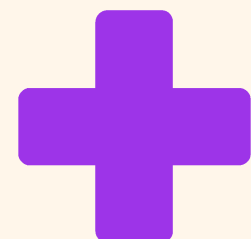
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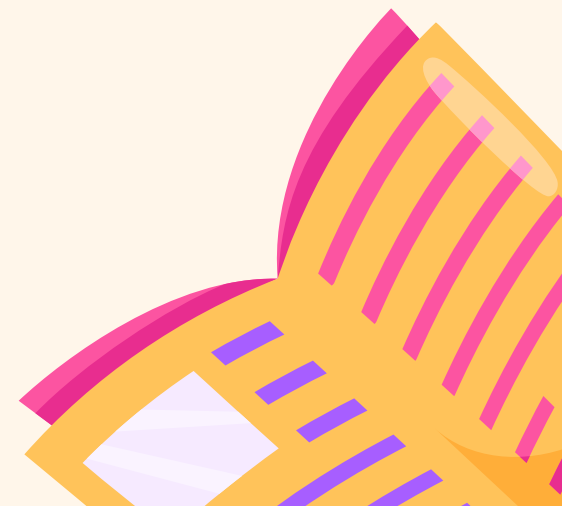
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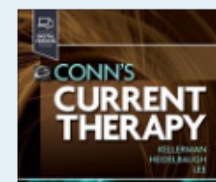
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Feature

THE GROWING PROBLEM OF HALLUCINATED CITATIONS

A *Nature* analysis suggests that tens of thousands of publications from 2025 might include invalid references generated by AI. **By Miryam Naddaf and Elizabeth Quill**



Earlier this year, Guillaume Guillaud's publication of his paper in *Dental*, because of fabricated

intersect with data to see that I could reference," says C University of

The title in the preprint he published forms as *Nature* and the assigned by publishers – did not "I got very confused immediately subsequent been hallucinated

This is just one problem. Surveys

A Day...



4:00

Tallying types of work and users. Stats are necessary to capture the varied tasks we do, the vast number of colleagues we support, and the difference we make in organizational initiatives.



4:15

Marking dates on the calendar for trainings, presentations, or orientations. Planning future Pop-up libraries around the Duluth campus, part of our outreach initiative. I accept an invite to have a library booth at the employee virtual health fair.



4:30

Off to spend time with our families and fur babies!

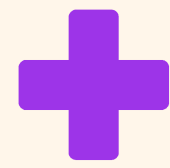




Finding Reliable Health Information

Tools and Techniques

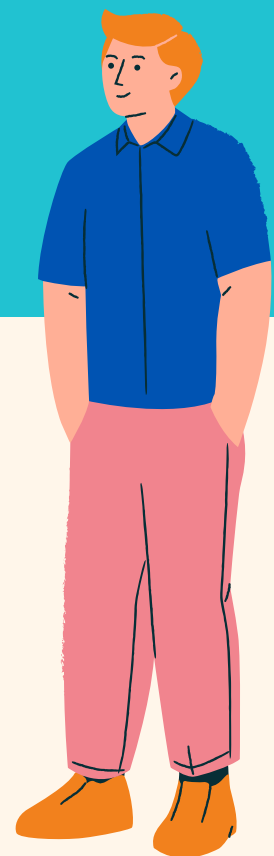




Searching, Evaluating, Delivering

P

Patient/Person



I

Intervention
What is being done (can be medication, procedure, etc.)

C

Comparison
alternate intervention, if applicable

O

Outcome
What is the desired result?

T

Time
How long will the intervention take?





Tools

- PubMed (scholarly)
- MedlinePlus
- NIH
- CDC
- ClinicalTrials.gov
- DailyMed and Drugs.com pill identifier
- Resourceful

PubMed

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PUBLICATION DATE

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- 5 years
- 10 years
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TEXT AVAILABILITY

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1 [Real-world emergency analysis of Italian patients with acute type A aortic dissection].

Cite Di Marco L, Cappuccilli M, Piperata A, Ghigi V, Calabria S, Veronesi C, Degli Esposti L. G Ital Cardiol (Rome). 2026 Jun;27(6):426-433. doi: 10.1714/4704.47193. PMID: 42200235 Italian.

In addition, poor therapeutic adherence and inadequate surveillance of predisposing factors, including **hypertension** and aortic aneurysm, contribute to diagnostic delays and worse clinical outcomes. ...RESULTS: A total of 1625 patients were included (mean age 67.3 13.4 ye ...

2 Menopausal Status and Thrombosis Risk in Hemodialysis Catheter Use: A Secondary Analysis of a Prospective Cohort.

Cite Mohazzab A, Chehrehgosha H, Baradaran HR, Ziaee A, Eskandari D, Khavanin Zadeh M. Int J Womens Health. 2026 May 20;18:591886. doi: 10.2147/IJWH.S591886. eCollection 2026. PMID: 42199951 Free PMC article.

In the adjusted competing risk model for thrombosis, postmenopausal status was associated with a significantly higher subdistribution hazard (SHR = 2.54; 95% CI: 1.30-4.94; p = 0.006), along with higher BMI (SHR = 1.04 per unit; p = 0.017) and **hypertension** (SHR = 1.62; p = ...

3 Correlation between the triglyceride-glucose index and retinal vascular parameters in the fundus: a cross-sectional study.

Cite Wu Z, Xin Y, Jiang X, Ling S, Guo C.





hypertension diabetes



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Title words

Search

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Key guidelines and consensus statements

1. American Diabetes Association Professional Practice Committee.

Standards of Care in Diabetes—2024.

Diabetes Care. 2024;47(Suppl 1).

- Includes detailed recommendations for blood pressure targets and antihypertensive treatment in diabetes.

2. KDIGO Diabetes Work Group.

KDIGO 2022 Clinical Practice Guideline for Diabetes Management in Chronic Kidney Disease.

Kidney International. 2022;102(5S):S1–S127.

- Very relevant for patients with diabetes, hypertension, and kidney disease.

3. Whelton PK, Carey RM, Aronow WS, et al.

2017 ACC/AHA guideline for the prevention, detection, evaluation, and management of high blood pressure in adults.

Hypertension. 2018;71(6):e13–e115.

- Includes recommendations for patients with diabetes.

4. Williams B, Mancia G, Spiering W, et al.

2018 ESC/ESH Guidelines for the management of arterial hypertension.

European Heart Journal. 2018;39(33):3021–3104.

- Discusses treatment of hypertension in diabetes and comorbid conditions.





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high blood pressure

- high blood pressure **medicines**
- high blood pressure - **children**
- high blood pressure **and eye disease**
- dash diet to lower** high blood pressure
- high blood pressure



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High Blood Pressure

What is blood pressure?

Blood pressure is the force of your blood pushing against the walls of your arteries. Each time your heart beats, it pumps blood into the arteries. Your blood pressure is highest when your heart beats, pumping the blood. This is called systolic pressure. When your heart is at rest, between beats, your blood pressure falls. This is called diastolic pressure.



Your blood pressure reading uses these two numbers. Usually the systolic number comes before or above the diastolic number. For example, 120/80 means a systolic of 120 and a diastolic of 80.

[\(Read more\)](#)

Results 1 - 10 of 3,266 for high blood pressure

1. [How to Prevent High Blood Pressure](#) (National Library of Medicine)
 Around half of American adults have high blood pressure (hypertension). Many of those people don't know they have it because there are usually no warning signs. This can be dangerous, ...
<https://medlineplus.gov/howtopreventhighbloodpressure.html> - Health Topics
2. [High Blood Pressure](#) (National Library of Medicine)
 ... 120 and a diastolic of 80. How is high blood pressure diagnosed? High blood pressure usually has no symptoms. So the only way ... Stage 2140 or higheror90 or higherHypertensive Crisis (dangerously high blood pressure - seek medical care right away)Higher than 180andHigher ...
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Health Topics










Read about symptoms, causes, treatment and prevention for over 1000 diseases, illnesses, health conditions and wellness issues. MedlinePlus health topics are regularly reviewed, and links are updated daily.

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Drugs, Herbs and Supplements



Drugs

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Browse dietary supplements and herbal remedies to learn about their effectiveness, usual dosage, and drug interactions.

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Blood Pressure Medicines

Also called: Antihypertensive medicines, High blood pressure medicines



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Summary

What is high blood pressure?

High blood pressure, also called hypertension, is when blood puts too much pressure against the walls of your arteries. Almost half of American adults have high blood pressure, usually with no symptoms. But it can cause serious problems such as [stroke](#), [heart failure](#), [heart attack](#), and [kidney disease](#).

What lifestyle changes can help lower high blood pressure?

Healthy lifestyle changes can help reduce high blood pressure:

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Medical Tests



Learn about medical tests, including what the tests are used for, why a doctor may order a test, how a test will feel, and what the results may mean.

Medical tests can help detect a condition, determine a diagnosis, plan treatment, check to see if treatment is working, or monitor the condition over time. A doctor may order these tests as part of a routine checkup, to check for certain diseases and disorders, or to monitor your health.

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Allergy Skin Test

What is an allergy skin test?

An [allergy](#) is an overreaction, also known as a hypersensitivity, of the body's [immune system](#). Normally, your immune system works to fight off foreign substances like viruses and bacteria. When you have an allergy, your immune system treats a harmless substance, like dust or pollen, as a threat. To fight this perceived threat, your immune system reacts and causes an allergic reaction. Symptoms of an allergic reaction can range from sneezing and a stuffy nose to a life-threatening condition known as [anaphylactic shock](#).

There are four main types of overreactions, known as Type 1 through Type IV hypersensitivities. Type 1 hypersensitivity causes some of the most common allergies. These include dust mites, pollens, foods, and animal dander. Other types of hypersensitivities cause different immune system overreactions. These range from mild skin rashes to serious autoimmune disorders.

An allergy skin test usually checks for allergies caused by Type 1 hypersensitivity. The test looks for reactions to specific allergens that are placed on the skin.

Other names: type 1 hypersensitivity skin test, hypersensitivity test allergy scratch test, allergy patch test, intradermal test

What is it used for?

An allergy skin test is used to diagnose certain allergies. The test can show which substances (allergens) are causing your allergic reaction. These substances may include pollen, dust, [molds](#), and medicines such as penicillin. The tests are not usually used to diagnose [food allergies](#). This is because food allergies are more likely to cause anaphylactic shock.

Why do I need an allergy skin test?

Your health care provider may order allergy testing if you have symptoms of an allergy. These include:

- Stuffy or runny nose
- Sneezing
- Itchy, watery eyes
- [Hives](#), a rash with raised red patches
- [Diarrhea](#)
- [Vomiting](#)
- [Shortness of breath](#)
- [Coughing](#)
- Wheezing



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Medical Encyclopedia



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Stroke

A stroke occurs when blood flow to a part of the brain stops. A stroke is sometimes called a "brain attack."

If blood flow is cut off for longer than a few seconds, the brain cannot get nutrients and oxygen. Brain cells can die, causing lasting damage.

A stroke can also occur if a blood vessel inside the brain bursts, leading to bleeding inside the head.

Causes

There are two major types of stroke:

- Ischemic stroke
- Hemorrhagic stroke

Ischemic stroke occurs when a blood vessel that supplies blood to the brain is blocked by a blood clot. This may happen in two ways:

- A clot may form in an artery that is already very narrow. This is called a thrombotic stroke.
- A clot may break off from another place in the blood vessels of the brain, or from some other part of the body, and travel up to the brain. This is called cerebral embolism, or an embolic stroke.

Ischemic strokes may also be caused by a sticky substance called plaque that can clog arteries.



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[Stroke](#)

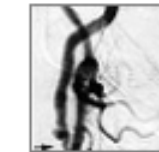
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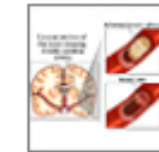
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[Carotid stenosis - X-ray of the left artery](#)



[Carotid stenosis - X-ray of the right artery](#)



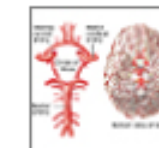
[Stroke](#)



[Brainstem function](#)



[Cerebellum - function](#)

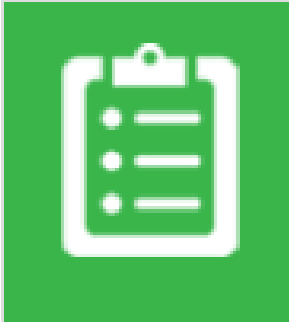


MedlinePlus



Health Topics

Find information on health, wellness, disorders and conditions



Medical Encyclopedia

Articles and images for diseases, symptoms, tests, treatments



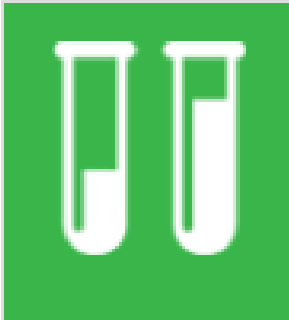
Genetics

Explore genetic conditions, genes, and how genetic variations affect health



Drugs & Supplements

Prescription drugs, over-the-counter medicines, herbs, and supplements



Medical Tests

Learn why your doctor orders medical tests and what the results may mean



Healthy Recipes

These recipes show you how to prepare tasty, quick meals as part of a healthy lifestyle

Healthy Recipes



Staying healthy can be a challenge, but simple lifestyle changes – like eating [healthy meals](#) and being [physically active](#) – can help a lot. Research shows that these changes can help you maintain a healthy [body weight](#) and reduce the risk of chronic disease.

These recipes show you how to prepare tasty, healthy meals that help you develop a healthy eating pattern. A healthy eating pattern includes a variety of fruits and vegetables, fat-free or low fat dairy, various [protein](#) foods, and oils. It also means limiting saturated fats, [trans fats](#), added sugars, and [salt](#). Try these recipes as part of a [healthy lifestyle](#).



Breakfast



Lunch



Dinner



Desserts



Breads



Dairy Free



Dips, Salsas, and Sauces



Drinks

Any Berry Sauce

Prep time: 5 minutes
 Cook time: 15 minutes
 Total time: 20 minutes
 Number of Servings: 9

Ingredients

- 1/4 cup cold water
- 1 Tablespoon cornstarch
- 1/3 cup sugar
- 4 cups berries, fresh or frozen (blackberries, raspberries, blueberries, sliced strawberries, or a mixture)

Directions

1. Wash hands with soap and water.
2. In a medium saucepan, mix together sugar, cornstarch, water, and 2 cups of berries. Mash berries if desired.
3. Heat over medium heat, stirring frequently, until sauce starts to thicken.
4. Remove from heat and stir in remaining berries. Mash if desired.
5. Serve over pancakes, waffles, oatmeal, or yogurt.
6. Refrigerate leftovers within 2 hours, for up to a week.

Notes:

- Serve with Favorite Pancakes or Applesauce French Toast.
- To freeze the sauce, replace the cornstarch in the recipe with Clearjel or Clear Jel, a special type of cornstarch.

Find more delicious recipes from [FoodHero.org](#)



Nutrition Information


9 servings per container	
Serving size	1/4 cup (77g)
Amount Per Serving	
Calories	60
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 16g	6%
Dietary Fiber 2g	7%
Total Sugars 12g	
Includes 7g Added Sugars	14%
Protein 0g	

Vitamin A 0mcg	0%
Vitamin C 8mg	9%
Vitamin D 0mcg	0%
Calcium 9mg	0%
Iron 0mg	0%
Potassium 42mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

National Institutes of Health (NIH)

nih.gov

 An official website of the United States government [Here's how you know](#) 



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Home > Institutes at NIH > NIH Office of the Director > Office of Communications and Public Liaison > Clear Communication

List of Institutes and Centers

NIH Office of the Director

Office of the Principal Deputy Director

Administration and Services

Office of Communications and Public Liaison

Public Affairs >

Public Information

Freedom of Information Act Office >

Contact OCPL

Clear Communication

Health Literacy

The U.S. Department of Health and Human Services (HHS) addresses both personal health literacy and organizational health literacy in their new Health People 2030 definitions:

- **Personal health literacy** is the degree to which individuals have the ability to find, understand, and use information and services to inform health-related decisions and actions for themselves and others.
- **Organizational health literacy** is the degree to which organizations equitably enable individuals to find, understand, and use information and services to inform health-related decisions and actions for themselves and others.

These definitions are a change from the health literacy definition used in Healthy People 2010 and Healthy People 2020: “The degree to which individuals have the

Health Literacy

"Personal health literacy is the degree to which individuals have the ability to find, understand, and use information and services to inform health-related decisions and actions for themselves and others.

Organizational health

National Institutes of Health (NIH)

List of Institutes and Centers

NIH Office of the Director

Office of the Principal Deputy Director

Administration and Services

Office of Communications and Public Liaison

Public Affairs >

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Freedom of Information Act Office >

Contact OCPL

Clear Communication

Health Literacy

Talking With Your Doctor or Health Care Provider

Talking With Your Doctor or Health Care Provider

Esta página también está disponible [en español](#)



Part I: Preparing for Your Medical Appointment (4:37)



Part II: Talking Openly with Your Medical Provider (3:51)



Part III: Understanding Diagnosis and Treatment (3:57)

You can play an active role in your health care by talking with your doctor or health care provider. Clear and honest communication between you and your physician or health care team can help you both make informed choices about your health. It's important to be honest and upfront about your symptoms even if you feel embarrassed or shy. Have an open

Centers for Disease Control and Prevention (CDC)*

cdc.gov



HEALTH TOPICS

OUTBREAKS

ABOUT CDC

SEARCH



*Everything may not be fine here right now

Health Topics



Adult Vaccinations

Alzheimer's Disease

COVID-19

Diabetes

Flu

H5 Bird Flu

Handwashing

Hantavirus

Healthy Weight

High Blood Pressure

Lyme Disease

Measles

Overdose Prevention

Preventing Dengue

Quit Smoking

Respiratory Syncytial Virus Infection (RSV)

Strep Throat

Travelers' Health



Ebola

A-Z Index



High Blood Pressure

[EXPLORE THIS TOPIC](#) [SEARCH](#)

About High Blood Pressure



For Everyone

JAN. 28, 2026 • [ESPAÑOL](#)

KEY POINTS

- High blood pressure (hypertension) is consistently at or above 130/80 mm Hg.
- High blood pressure typically has no signs or symptoms but can cause problems for your heart, brain, kidneys, and eyes.
- No matter your age, you can take steps each day to keep your blood pressure in a healthy range.
- Some people may be able to control their blood pressure by making lifestyle changes or taking blood pressure medicines.

MORE INFORMATION

[For Everyone](#)[For Health Care Providers](#)[For Public Health](#)

Find Information

For Everyone

Health Care Providers

Public Health

- High Blood Pressure Communications Toolkit
- Rapid Evaluations of Telehealth Strategies to Address Hypertension
 - About the Data: Rapid Evaluations of Telehealth Strategies to Address Hypertension
- Team-Based Care to Improve Blood Pressure Control
- *The Surgeon General's Call to Action to Control Hypertension*
- Federal Hypertension Leadership Council (The Council)

CDC is currently responding to the outbreak of Andes virus, a type of hantavirus, among passengers and crew of a cruise ship which had been sailing in the Atlantic Ocean. The overall risk to the American public and travelers for Andes virus infection is extremely low. Routine travel can continue as normal. Learn more: [Andes Virus Outbreak on a Cruise Ship: Frequently Asked Questions](#).



Cruise ship travel

While cruising is a popular way to travel, there are some health concerns to be aware of. Find out more about health issues on cruises and steps you can take to stay safe

Destinations



Where are you going?

-- Select One --

Go

[View all destination](#)

American Samoa



On This Page

[Travel Health Notices](#)

[Vaccines and Medicines](#)

[Non-Vaccine-Preventable Diseases](#)

[Stay Healthy and Safe](#)

[Packing List](#)

[After Your Trip](#)

Outbreaks



Moringa Capsules

Salmonella Outbreak

Moringa Leaf Powder

Salmonella Outbreak

Hantavirus

Hantavirus Outbreak

Backyard Poultry

Salmonella Outbreak

Measles

2025 Outbreaks

Cinnamon Applesauce Pouches

Lead and Chromium Poisoning



All Outbreaks

Clinical Trials

ClinicalTrials.gov



PRS Login

ClinicalTrials.gov

[Find Studies](#) ▾

[Study Basics](#) ▾

[Submit Studies](#) ▾

[Data and API](#) ▾

[Policy](#) ▾

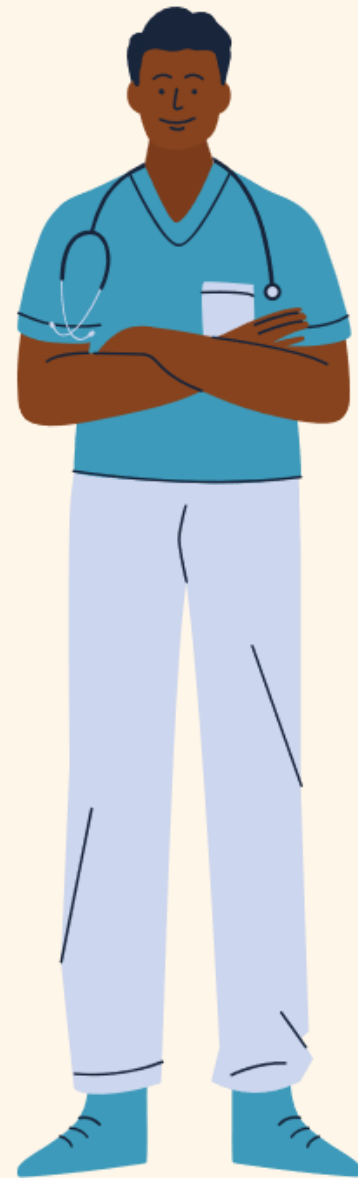
[About](#) ▾

[My Saved Studies \(0\)](#) →

ClinicalTrials.gov is a place to learn about clinical studies from around the world.

ssary

Clinical Trials



A screenshot of the ClinicalTrials.gov website's navigation menu. The site title "ClinicalTrials.gov" is at the top. The "Find Studies" menu item is highlighted with a blue bar and has a dropdown menu open. The dropdown menu contains the following items: "Expert Search", "How to Search", "How to Use Search Results", "How to Search for Studies with Results", "Constructing Complex Search Queries", and "RSS Feeds". A small box labeled "Find Studies" is positioned over the top of the dropdown menu. To the right, parts of other menu items "Study Basics" and "S" are visible. Below the dropdown menu, the text "calTrial" and "T S R" are partially visible. At the bottom right, the text "Focus Yo" is partially visible.

Clinical Trials

Focus Your Search (all filters optional) [Expert Search](#)

Condition/disease ⓘ

Other terms ⓘ

Intervention/treatment ⓘ

Location ⓘ
Search by address, city, state, zip code, or country. For information on using this field, see the [How to Search for Clinical Studies](#) page

Study Status ⓘ

All studies

Recruiting and not yet recruiting studies

More Filters +

Search

Clinical Trials

Search Details: Viewing 1-10 out of 967 studies for: In Duluth, MN

Search Results

Card Table Map By Topic

Focus Your Search

[Expert Search](#)

Condition/disease

Other terms

Intervention/treatment

Location

Search by address, city, state, zip code, or country. For information on using this field, see the [How to Search for Clinical Studies](#) page

Study Status

Looking for participants

Not yet recruiting (1)

Recruiting (109)

No longer looking for participants

Active, not recruiting (152)

Completed (596)

Terminated (74)

Other

Enrolling by invitation (1)

Suspended (6)

Withdrawn (5)

[Clear Filters \(1\)](#)

[Apply Filters](#)

Search Details: Viewing 1-10 out of 967 studies for: In Duluth, MN

+

[Clear \(0\)](#)

[Download](#)

[Save](#)

[RSS](#)

[Display](#)

NCT07457372 **Not yet recruiting** **New**

How Does Vagus Nerve Stimulation Affect Blood Glucose, Food, and Movement Cravings?

Conditions

Vagus Nerve Stimulation

Locations

Duluth, Minnesota, United States

NCT07431281 **Recruiting** **New**

Sonesitatur Vedotin in Combination With Capecitabine With or Without Rilvegostomig in Participants With Advanced or Metastatic Gastric, Gastroesophageal Junction, or Esophageal Adenocarcinoma Expressing...

Conditions

Esophageal Cancer Gastric Cancer Gastroesophageal Junction Adenocarcinoma

Locations

Duluth, Minnesota, United States

Burnsville, Minnesota, United States

Rochester, Minnesota, United States

Phoenix, Arizona, United States

[Show all 269 locations](#)

NCT07332091 **Recruiting** **New**

Efficacy and Safety of Vamifeport in Adult Participants With Homeostatic Iron Regulator Gene (HFE)-Related Hereditary Hemochromatosis

Conditions

Homeostatic Iron Regulator Gene-related Hereditary Hemochromatosis

Locations

Duluth, Minnesota, United States

Gilbert, Arizona, United States

Study Overview

Brief Summary

The primary objective is to evaluate the effect of olpasiran, compared to placebo, on the risk for coronary heart disease death (CHD death), myocardial infarction, or urgent coronary revascularization in participants at risk for a first major cardiovascular event with elevated lipoprotein(a) (Lp[a]).

Official Title

A Double-blind, Randomized, Placebo-controlled, Multicenter Study Assessing Olpasiran Use to Prevent First Major Cardiovascular Events in Participants With Elevated Lipoprotein(a)

Conditions 1

Cardiovascular Disease

Intervention / Treatment 1

- Drug: Olpasiran
- Drug: Placebo

Other Study ID Numbers 1

- 20230222

Clinical Trials

Minnesota Locations

- 📍 **Duluth, Minnesota, United States, 55805**
Recruiting
Saint Marys Medical Center
- 📍 **Maplewood, Minnesota, United States, 55109**
Recruiting
Health East Cancer Care
- 📍 **Minneapolis, Minnesota, United States, 55455**
Recruiting
University of Minnesota
- 📍 **Rochester, Minnesota, United States, 55905**
Recruiting
Mayo Clinic
- 📍 **Saint Louis Park, Minnesota, United States, 55426**
Recruiting
Methodist Hospital

Participation Criteria

Researchers look for people who fit a certain description, called [eligibility criteria](#). Some examples of these criteria are a person's general health condition or prior treatments.

For general information about clinical research, read [Learn About Studies](#).

Eligibility Criteria

Description

Inclusion Criteria:

- Age ≥ 50 years
- Lp(a) ≥ 200 nmol/L during screening
- Multiple atherosclerotic cardiovascular disease risk factors, and/or evidence of atherosclerosis

Exclusion Criteria:

- Prior acute atherothrombotic event (myocardial infarction, stroke, transient ischemic attack, acute limb ischemia)
- Prior or planned arterial revascularization
- History of major bleeding disorder

Ages Eligible for Study 1

50 Years to 105 Years (Adult, Older Adult)

Sexes Eligible for Study 1

All

Accepts Healthy Volunteers 1

No



ALL DRUGS

HUMAN DRUGS

ANIMAL DRUGS

Enter drug, NDC code, drug class, or Set ID



MORE WAYS TO SEARCH:

ADVANCED SEARCH

BROWSE DRUG CLASSES

LABELING ARCHIVES

The DailyMed database contains **156635** labeling submitted to the **Food and Drug Administration (FDA)** by companies. DailyMed does not contain a complete listing of labeling for FDA-regulated products (e.g., labeling that is not submitted to the FDA). See [ABOUT DAILYMED](#) for more information.

NIH NATIONAL LIBRARY OF MEDICINE REPORT ADVERSE EVENTS | RECALLS


DAILYMED ALL DRUGS | HUMAN DRUGS | ANIMAL DRUGS | MORE WAYS TO SEARCH


ibuprofen 🔍


HOME + NEWS FDA RESOURCES + NLM SPL RESOURCES + APPLICATION DEVELOPMENT SUPPORT HELP

SEARCH RESULTS FOR: ibuprofen (1506 results)

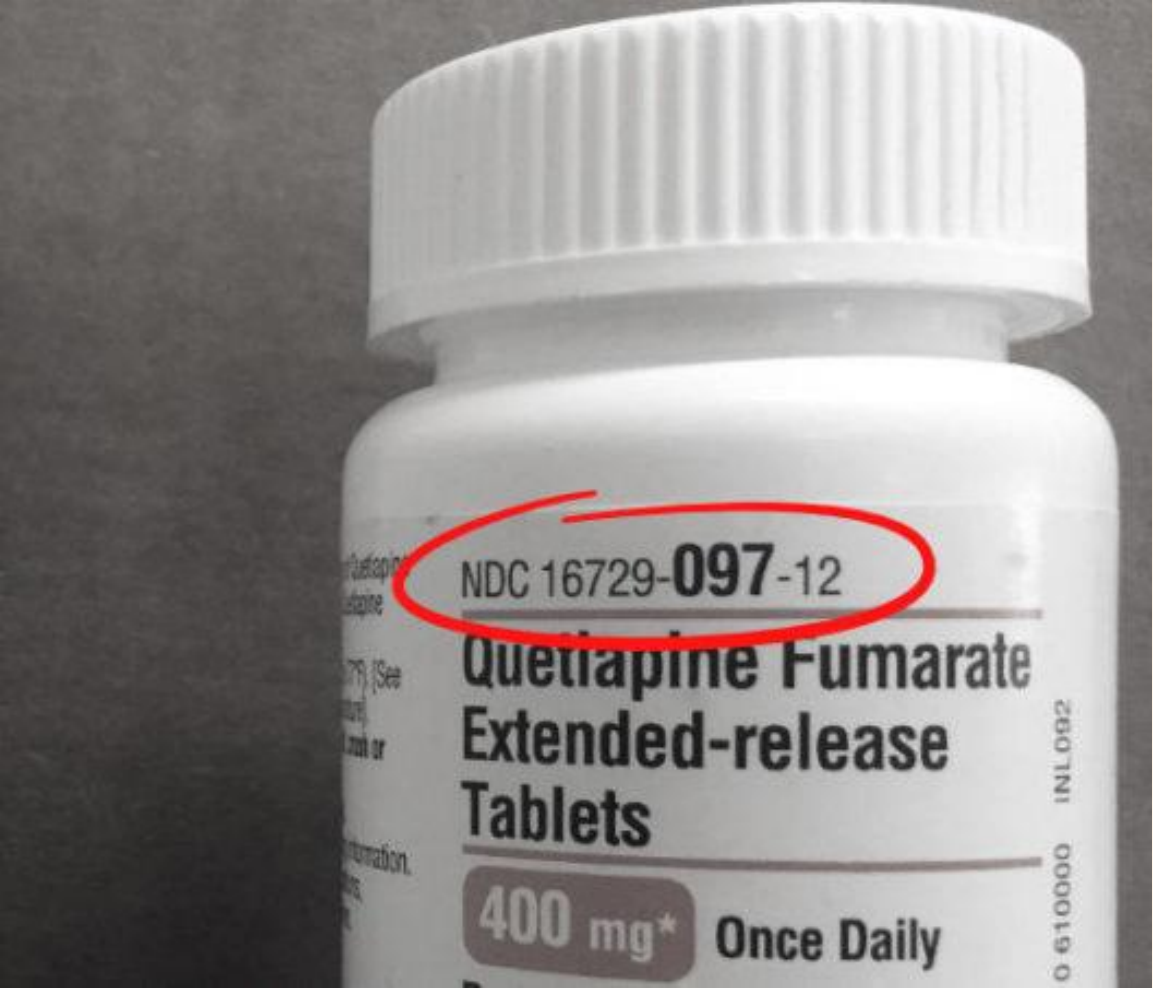
Sort By Relevance < previous | page 1 of 76 | next > 20 results/pg

- 


10 PERSON ANSI (benzalkonium chloride, lidocaine, bacitracin zinc, neomycin sulfate, polymyxin b sulfate, water, benzocaine, alcohol, ibup... [view full title](#))
NDC Code(s): 52124-0001-1, 52124-0003-1, 52124-0004-1, 52124-0005-1, [view more](#)
Packager: Genuine First Aid LLC
[+ VIEW MORE](#)
- 

25 PERSON ANSI (benzalkonium chloride, lidocaine, bacitracin zinc, neomycin sulfate, polymyxin b sulfate, water, benzocaine, alcohol, ibup... [view full title](#))
NDC Code(s): 52124-0001-1, 52124-0002-1, 52124-0003-1, 52124-0004-1, [view more](#)
Packager: Genuine First Aid LLC
[+ VIEW MORE](#)
- 

365 WHOLE FOODS MARKET IBUPROFEN (ibuprofen) tablet, film coated
NDC Code(s): 42681-0026-1
Packager: Whole Foods Market, INC.



LABEL: IBUPROFEN tablet

LABEL RSS 

VIEW PACKAGE PHOTOS



[+ VIEW MORE](#)

SAFETY

[Boxed Warnings](#)

[Report Adverse Events](#)

[FDA Safety Recalls](#)

[Presence in Breast Milk](#)

RELATED RESOURCES

[Medline Plus](#)

[Clinical Trials](#)

MORE INFO FOR THIS DRUG

[Get Label RSS Feed](#)

[View NDC Code\(s\)](#) **NEW!**

NDC Code(s): 59651-360-01, 59651-360-05, 59651-361-01, 59651-361-05, [view more](#)

Packager: Aurobindo Pharma Limited

Category: HUMAN PRESCRIPTION DRUG LABEL

DRUG LABEL INFORMATION

Updated February 14, 2025

If you are a healthcare professional or from the pharmaceutical industry please visit [this version](#).

DOWNLOAD DRUG LABEL INFO: [PDF](#) | [XML](#) 

OFFICIAL LABEL (PRINTER FRIENDLY) 

VIEW ALL SECTIONS

BOXED WARNING [\(WHAT IS THIS?\)](#)

Cardiovascular Thrombotic Events

- Nonsteroidal anti-inflammatory drugs (NSAIDs) cause an increased risk of serious cardiovascular thrombotic events, including myocardial infarction and stroke, which can be fatal. This risk may occur early in treatment and may increase with duration of use [see [WARNINGS](#) and [PRECAUTIONS](#)].
- Ibuprofen tablets are contraindicated in the setting of coronary artery bypass graft (CABG) surgery [see [CONTRAINDICATIONS](#) and [WARNINGS](#)].

Gastrointestinal Risk

- NSAIDs cause an increased risk of serious gastrointestinal adverse events including bleeding, ulceration, and perforation of the stomach or intestines, which can be fatal. These

+ DESCRIPTION

Ibuprofen tablets USP contain the active ingredient ibuprofen, which is (±) - 2 - (p - isobutylphenyl) propionic acid. Ibuprofen is a white to off-white, crystalline powder with a melting point of ...

+ CLINICAL PHARMACOLOGY

Ibuprofen tablets contain ibuprofen which possesses analgesic and antipyretic activities. Its mode of action, like that of other NSAIDs, is not completely understood, but may be related to ...

+ INDICATIONS AND USAGE

Carefully consider the potential benefits and risks of ibuprofen tablets and other treatment options before deciding to use ibuprofen. Use the lowest effective dose for the shortest duration ...

+ CONTRAINDICATIONS [\(WHAT IS THIS?\)](#)

Ibuprofen tablets are contraindicated in patients with known hypersensitivity to Ibuprofen. Ibuprofen tablets should not be given to patients who have experienced asthma, urticaria, or ...

+ WARNINGS

Cardiovascular Effects - Cardiovascular Thrombotic Events - Clinical trials of several COX-2 selective and nonselective NSAIDs of up to three years duration have shown an increased risk of ...

+ PRECAUTIONS

General - Ibuprofen tablets cannot be expected to substitute for corticosteroids or to treat corticosteroid insufficiency. Abrupt discontinuation of corticosteroids may lead to disease ...

+ ADVERSE REACTIONS

The most frequent type of adverse reaction occurring with ibuprofen tablets is gastrointestinal. In controlled clinical trials the percentage of patients reporting one or more gastrointestinal ...

+ OVERDOSAGE

Approximately 1½ hours after the reported ingestion of from 7 to 10 ibuprofen tablets (400 mg), a 19-month old child weighing 12 kg was seen in the hospital emergency room, apneic and ...

+ DOSAGE AND ADMINISTRATION

Carefully consider the potential benefits and risks of ibuprofen tablets and other treatment options before deciding to use ibuprofen tablets. Use the lowest effective dose for the shortest ...

+ HOW SUPPLIED

Ibuprofen tablets USP are available in the following strengths, colors and sizes: Ibuprofen Tablets USP, 400 mg are white to off-white, film-coated, oval shaped tablets debossed with '14' on ...

+

Medication Guide for Nonsteroidal Anti-inflammatory Drugs (NSAIDs) What is the most important information I should know about medicines called Nonsteroidal Anti-inflammatory Drugs ...

+ PACKAGE LABEL-PRINCIPAL DISPLAY PANEL - 400 MG (100 TABLET BOTTLE) [\(WHAT IS THIS?\)](#)

NDC 59651-360-01 - Ibuprofen Tablets, USP - 400 mg - PHARMACIST: Dispense the Medication Guide - provided separately to each patient. Rx only 100 ...

+ PACKAGE LABEL-PRINCIPAL DISPLAY PANEL - 600 MG (100 TABLET BOTTLE)

NDC 59651-361-01 - Ibuprofen Tablets, USP - 600 mg - PHARMACIST: Dispense the Medication - Guide provided separately to each patient. Rx only 100 ...

+ PACKAGE LABEL-PRINCIPAL DISPLAY PANEL - 800 MG (100 TABLET BOTTLE)

NDC 59651-362-01 - Ibuprofen Tablets, USP - 800 mg - PHARMACIST: Dispense the Medication - Guide provided separately to each patient. Rx only 100 Tablets ...

+ INGREDIENTS AND APPEARANCE

Product Information



Pill Identifier

Search by imprint, shape or color

Use the pill finder to identify medications by visual appearance or medicine name.

Pill Imprint

Tip: Enter the **imprint only first**. Refine by color or shape if too many results display.

Color and shape (optional)

Enter the **letters** or **numbers** from each side of your pill.



For this tablet you would enter

9 3 5510



How to identify a pill using the Pill Identifier?

1. Enter the imprint code that appears on the pill, example: **L484**
2. Select the pill color (optional).
3. Select the shape (optional).
4. Alternatively, search by **drug name** or **NDC code** using the fields below.

Search by drug name



Search by NDC Code



[What is an NDC Number?](#)

AP 012 Pill: white, round, 10mm

The pill with imprint AP 012 (White, Round, 10 mm) has been identified as Acetaminophen 325 mg and is used for [Sciatica](#), [Muscle Pain](#), [Back Pain](#), [Chronic Pain](#), and [Pain](#). It belongs to the drug class [miscellaneous analgesics](#) and is not a controlled substance.





Acetaminophen

Pronunciation: *a-SEET-a-MIN-oh-fen*

Generic name: acetaminophen (oral, rectal)

Brand names: [Actamin](#), [Anacin AF](#), [Auropfen](#), [Bromo Seltzer](#), [Children's Tylenol](#), ... [show all 14 brands](#)

Dosage forms: oral capsule (325 mg; 500 mg), oral granule, effervescent (650 mg), oral liquid (160 mg/5 mL; 325 mg/10.15 mL; 500 mg/15 mL; 650 mg/20.3 mL), ... [show all 9 dosage forms](#)

Drug class: [Miscellaneous analgesics](#)



Medically reviewed by [Carmen Pope, Senior Medical Editor, B. Pharm.](#) Last updated on Nov 27, 2025.

[Uses](#) | [Side effects](#) | [Before taking](#) | [Dosage](#) | [What to avoid](#) | [Interactions](#) | [FAQ](#)

Resourceful - Find social services near you

Resourceful is a free community resource
guide to help you find free and reduced-cost
services in your area



Resourceful

Find help locating housing assistance, food banks, transportation, and other community resources

ZIP code

Enter your ZIP code

SEARCH



Resourceful is a free community resource guide to help you find free and reduced cost services near you.

English



FOOD



HOUSING



GOODS



TRANSIT



HEALTH



MONEY



CARE



EDUCATION



WORK



LEGAL








2,627 programs

in the Madison, WI 53794 area



Choose from the categories above and browse local programs


Resourceful

 FOOD	 HOUSING	 GOODS	 TRANSIT	 HEALTH
Addiction & Recovery >				Help Pay For Healthcare - All (366) disability benefits (23) discounted healthcare (3) health insurance (19) prescription assistance (110) transportation for healthcare (34)
Dental Care				
End-Of-Life Care >				
Health Education >				
<u>Help Pay For Healthcare</u> >				
Medical Care >				
Mental Health Care >				
Sexual And Reproductive Health >				
Vision Care				


State Department of Health Websites




How can we help?




Find a facility or provider
Search for health care facilities such as assisted living and home care providers, hospices, nursing homes, supervised living facilities, and others.




Vital records
Order Minnesota birth and death records, certificates, and related services by mail or fax.




Nurse aide registry
Listing of nurse aides who have met Minnesota training and/or testing standards to work in nursing homes and certified boarding care homes.




Find my immunization record
Information and resources for how to access or update your MIIC immunization record.




988 Minnesota Lifeline
The 988 Lifeline provides immediate mental health or emotional support to Minnesota residents.




WIC
A nutrition and breastfeeding program that helps eligible pregnant women, new mothers, babies and young children.



Measles
Learn about the disease and the vaccine that prevents it.



Free health screenings through Sage
Connect to breast and cervical cancer and heart health screenings through Sage.



Cancer statistics and reports
Learn more about how cancer impacts Minnesotans.

Diseases and Conditions

A | B | C | D | E | F | G | H | I | J | K | L | M | N | O | P | Q | R | S | T | U | V | W | X | Y | Z

A-Z List of Diseases and Conditions

- #
- 22q11.2 Deletion Syndrome
- A
- Acute Flaccid Myelitis
- AIDS (HIV/AIDS)
- Alopecia syndrome (red meat allergy)
- Alzheimer's Disease and Related Dementias
- Amebiasis (Entamoeba histolytica/dyscolae)
- Anaemia (human anaemia)
- Anthrax (Bacillus anthracis)
- Arthritis
- Asthma
- Autism Spectrum Disorder
- B
- Babesiosis
- Blastomycosis (Blastomyces dermatitidis)
- Borrelia mayonii Disease
- Borrelia burgdorferi Disease (Hard Tick Relapsing Fever)
- Botulism (Clostridium botulinum toxin)
- Bovine Spongiform Encephalopathy (BSE)
- Brain Injury
- Breast Cancer
- Bruceellosis (Brucella species)
- C
- C. difficile (Clostridioides difficile, Clostridium difficile)
- Camylobacteriosis (Camylobacter)
- Cancer
- Candida (Fungal Infections)

Categories of Diseases and Conditions

- Animals, Intestinal Illness Acquired From
- Antimicrobial Resistance and Stewardship
- Bioterrorism-Related Diseases
- Birth Defects
- Diseases and Conditions Identified in Children
- Minnesota Birth Defects Information System (BDIS)
- Bloodborne Diseases
- Cancer
- Chronic Conditions
- Foodborne Diseases
- Harmful Algal Blooms (HABs)
- Healthcare-Associated Infections (HAIs)
- High Consequence Infectious Disease (HCID)
- International Travel and Infectious Disease
- Invasive Bacterial Diseases
- Mosquito-Transmitted Diseases
- Pests of Medical Interest
- Recreational Diseases
- Respiratory Illness (Infectious)
- Retroviruses That May Cause Human Illness
- Skin Infections in Athletes
- Sexually Transmitted Diseases
- Tick-Transmitted Diseases
- Transmissible Spongiform Encephalopathies (TSEs)
- Unexplained Deaths and Critical Illnesses
- Vectorborne Diseases
- Viral Hemorrhagic Fevers
- Waterborne Illness

Keeping Michigan Healthy

Home > Keeping Michigan Healthy

Additional Resources

Bureau of Children's Coordinated Health Policy & Supports

Mental health services for children and their families.

Adult Behavioral Health & Developmental Disability

Adult Behavioral Health & Developmental Disability Services

Chronic Diseases

Information on chronic diseases.

Maternal & Infant Health

Home to an array of public health programs, initiatives and interventions aimed at improving the health and well-being of women, infants, families and communities.

Plan of Safe Care

Information and resources for development of Plans of Safe Care.

Medical Resources for Child Protection

Medical Resources for Child Protection

Division of Chronic Disease and Injury Control

Prevention of diseases & conditions such as heart disease, cancer, diabetes and many others.


Reports & Statistics - Health Services

Information is collected to monitor the general health and well-being of Michigan citizens.


Division of Local Health Services

Serves as liaison and provides funding to Michigan's 45 local health departments.


Featured Resources




H.R. 1 Federal Changes
Learn about impacts to assistance programs.




Seasonal Respiratory Viruses
Learn about COVID-19, flu and RSV.




Sexual Assault
Sexual Assault Hotline. 24/7. Free, Confidential.




MDHHS - Apply Here
A list of current job openings available.




MI Bridges
Apply today.




Change at Your Own Pace
Find harm reduction services: Michigan.gov/SUD.




Take a Quiz and Learn if You're at Risk
Access your risk.



Flint Water Information
Michigan.gov/FlintWater



Child Welfare Medical and Behavioral Health Resources
Child welfare resources to assist health care providers, child welfare professionals, caregivers, youth and families.



Keep Kids Safe Action Agenda
Protocols and policies to improve the safety and well-being of Michigan children.



- About DHS
- Data & Statistics
- Diseases & Conditions
- Health Care & Coverage
- Long-Term Care & Support
- Prevention & Healthy Living
- For Partners & Providers
- Certification, Licenses & Permits



Be Weather Aware
Plan to stay safe in any weather.

- 1
- 2
- 3
- 4
- 5
- 6

Close all Open all

- Favorite Searches
+
- Popular Programs
+
- File a Complaint
+

Close all Open all

- Contact DHS**

Department of Health Services
201 E. Washington Ave.
Madison, WI 53703

Phone: 608-266-1865
TTY: 711 or 800-947-3529

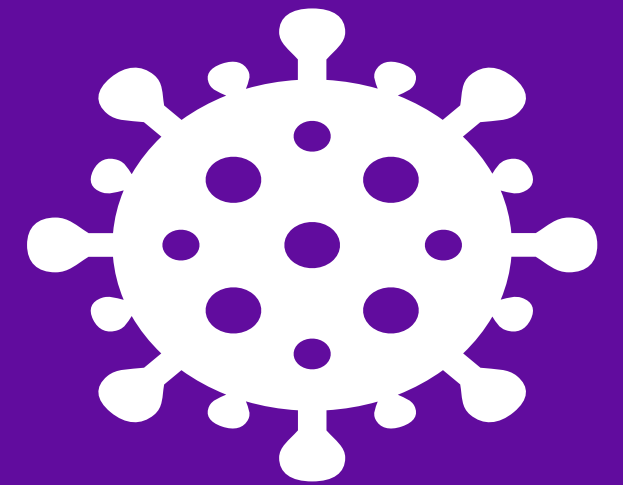
 - [Hotline phone numbers](#)
 - [Contacts by service area](#)
 - [Open records request](#)
- Career Opportunities** +
- News Releases** +
- Outbreaks & Investigations** +
- Vital Records** +

Core Library Values + Essentia Values = Why

Supporting Colleague Well-Being

ALA Bill of Rights: "Books and other library resources should be provided for the interest, information, and enlightenment of all people of the community the library serves."

Essentia's Mission: "We are called to make a healthy difference in people's lives."



Puzzles



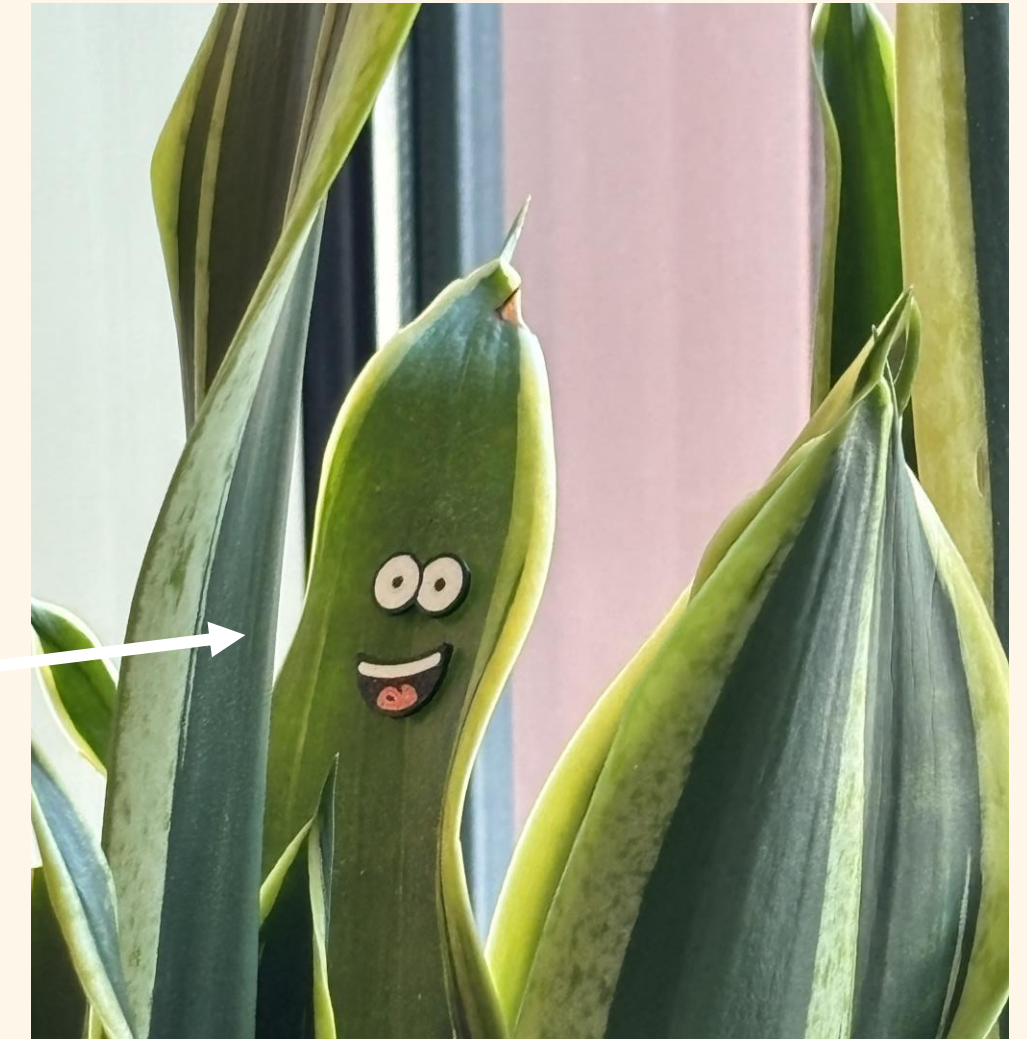
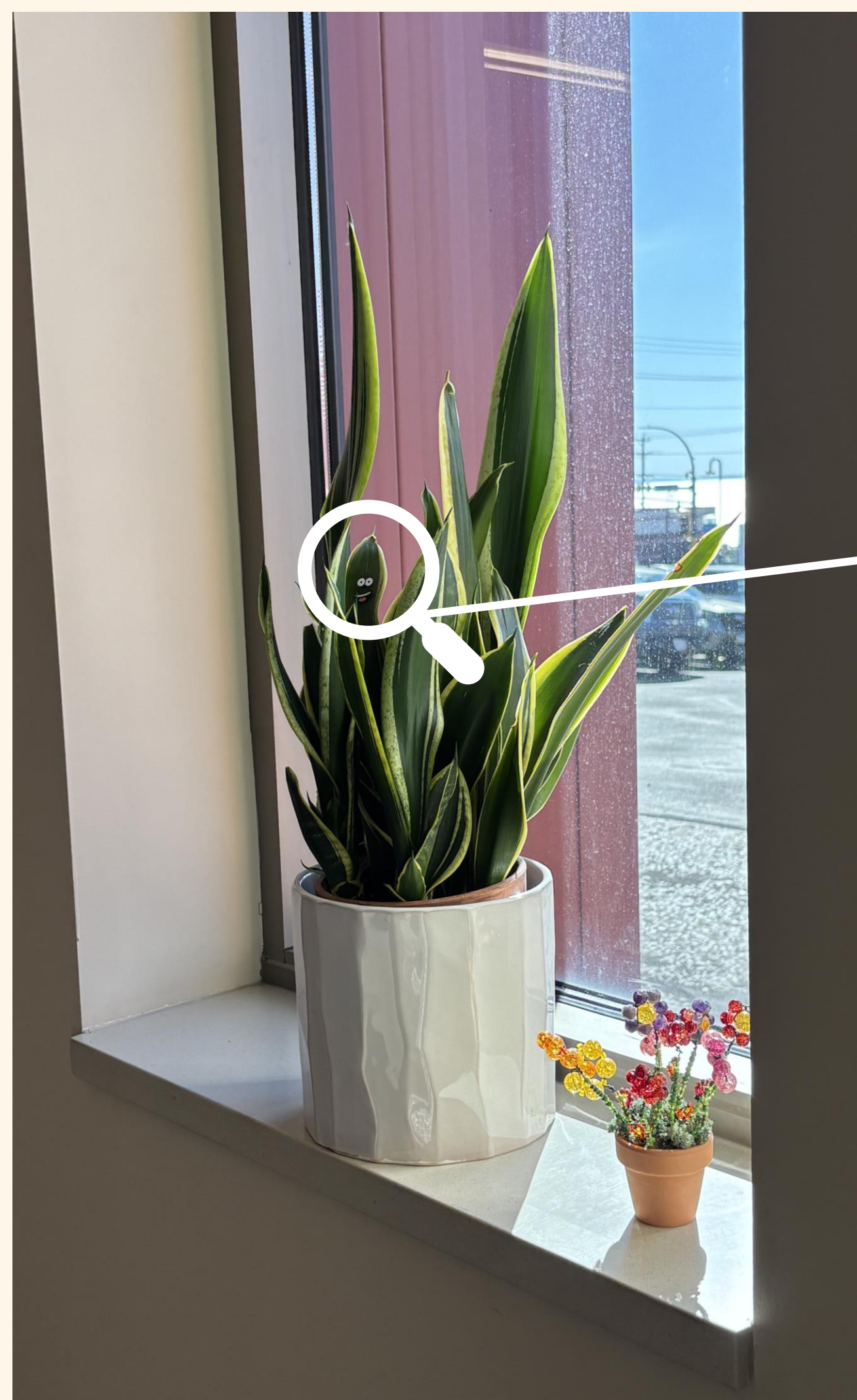
In-Person

Readmore



In-Person

Plants



In-Person

Cat Game



Need a break?



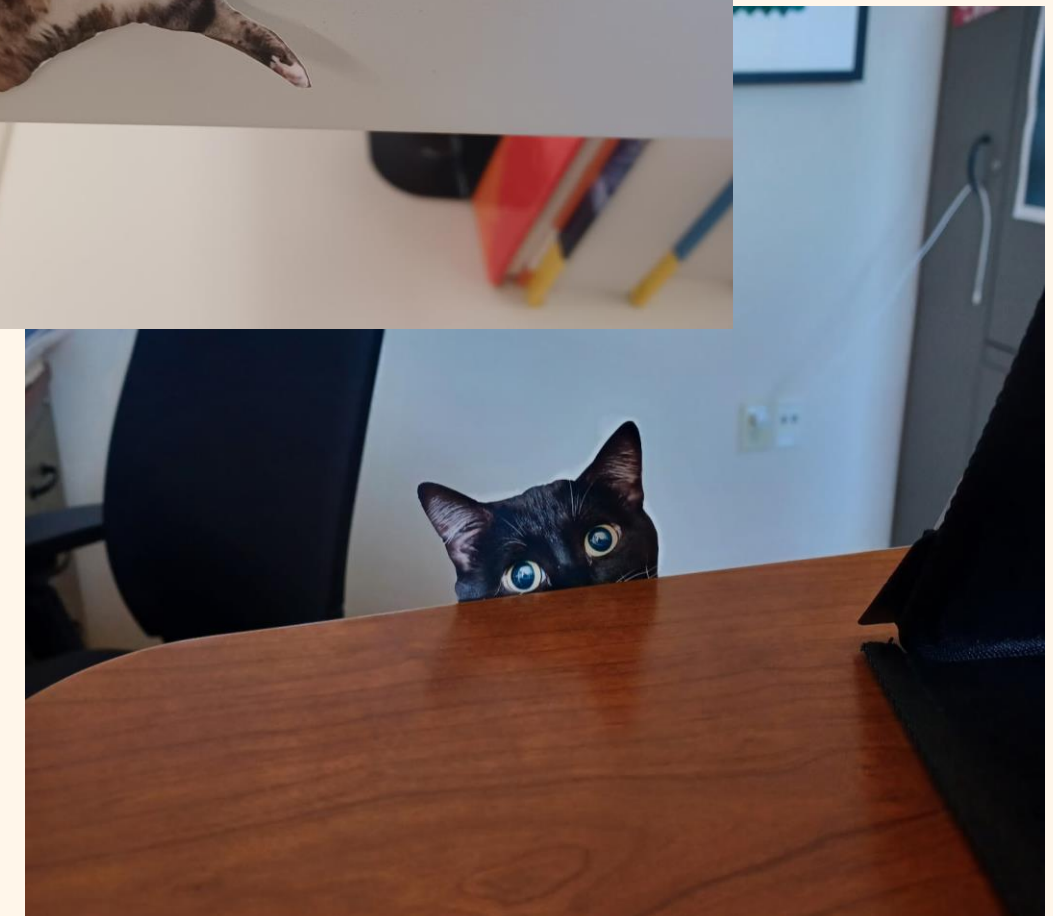
Find the 9 cats scattered throughout the library!

Tell us how many cats you can find and get a treat!*

Please browse the books, journals, and magazines while you're at it – and
ask us any library-related questions you might have!**

*You basically get two treats because exploring the library is a treat in itself.

**Please ask us questions. We'd love to help you!! We're here to make your job easier.



In-Person


Pop-Up Libraries



In-Person



Well-Being Collection & Book Displays

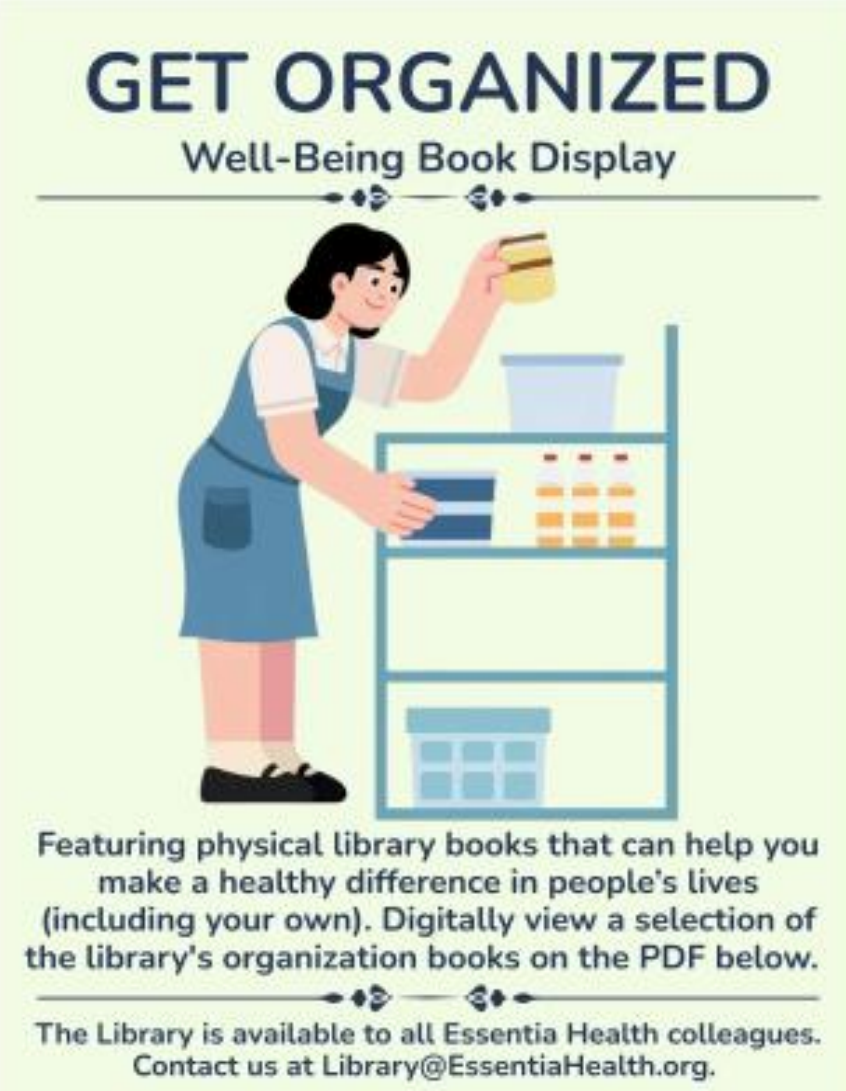
Well-being
707 items 

Posted in All Company

 **Kinsland, Alee**
May 26

Seen by 1,575

Dive into spring cleaning with an organization plan! You can browse through more [organization books](#) in the [library catalog](#).



GET ORGANIZED
Well-Being Book Display

Featuring physical library books that can help you make a healthy difference in people's lives (including your own). Digitally view a selection of the library's organization books on the PDF below.

The Library is available to all Essentia Health colleagues. Contact us at Library@EssentiaHealth.org.

 **Click me! Organization Books.pdf** ...

Click on book cover to request item through the library



^In-Person^

>Online – Viva Engage>

Laid-Back Book Club

"The next book we'll be reading for **Laid-Back Book Club** is *Trauma Stewardship: An Everyday Guide to Caring for Self While Caring for Others* by Laura van Dernoot Lipsky. This book is for "anyone who's trying to make the world a better place while reckoning with the personal toll that effort can take."

You can request your copy of [Trauma Stewardship](#) through the library. And you can read a little more about the book and author [here](#)."

LAID-BACK BOOK CLUB

No meetings. No deadlines. Just books.

APRIL & MAY BOOK:

Trauma Stewardship: An
Everyday Guide to Caring for
Self While Caring for Others

Post your thoughts, questions,
and epiphanies below.

Online –
Viva Engage

Bingo

Essentia Health Library BINGO

Play along from Nov. 3, 2025 to Feb. 28, 2026! Each bingo you get earns an entry into a prize drawing, up to four entries.
Submit completed cards to Library@EssentiaHealth.org

READ A LEADERSHIP BOOK FROM THE EH LIBRARY	DONATE A BOOK TO THE EH LIBRARY'S READMORE SHELF	BUY A BOOK FROM YOUR LOCAL INDEPENDENT BOOKSTORE	READ A CHILDREN'S BOOK TO A CHILD OR PET
SHARE THE EH LIBRARY'S WEBSITE WITH A COLLEAGUE	READ AN ARTICLE FROM THE LIBRARY'S JOURNAL COLLECTION	READ A BOOK OF YOUR CHOICE FROM YOUR LOCAL PUBLIC LIBRARY	MAKE A DONATION TO THE LIBRARY THROUGH THE EH FOUNDATION
DONATE A BOOK TO THE EH LIBRARY'S COLLECTION	READ ONE CHAPTER DURING YOUR WORK BREAK	READ A WELLBEING BOOK FROM THE EH LIBRARY	ACCESS EH LIBRARY'S EBOOK COLLECTION
TELL A FRIEND ABOUT A GOOD BOOK YOU'VE READ	FREE SPOT	JOIN THE LIBRARY VIVA ENGAGE PAGE	MAKE A RECIPE FROM ONE OF THE EH LIBRARY'S COOKBOOKS

Essentia Health Library BINGO

Play **National Library Week** Bingo from April 19-25, 2026!
Each bingo you get earns an entry into a prize drawing.
Submit completed cards to Library@EssentiaHealth.org

COMMENT ON A NATIONAL LIBRARY WEEK VIVA ENGAGE POST	BROWSE THE PRINT BOOK LIBRARY CATALOG	JOIN THE LIBRARY VIVA ENGAGE PAGE	READ ONE CHAPTER DURING YOUR WORK BREAK
SHARE THE EH LIBRARY'S WEBSITE WITH A COLLEAGUE	CHECK OUT A LIBRARY BOOK ON JOY	FREE SPOT	THANK A LIBRARIAN
DONATE A BOOK TO THE EH LIBRARY'S COLLECTION	VISIT THE FAQ & TUTORIALS PAGE ON THE LIBRARY WEBSITE	READ A BOOK TO A CHILD OR PET	FREE SPOT
MAKE A DONATION TO THE LIBRARY THROUGH THE EH FOUNDATION	FREE SPOT	STOP BY THE SMMC LIBRARY POP-UP (4/22, JOY CONF. ROOM, 10:30-1:00)	RETURN A LIBRARY BOOK YOU'VE BEEN MEANING TO RETURN (WE WON'T BE MAD)

Online –
Viva Engage

Fun Facts



Like Comment Share

Show 4 previous comments



Kinsland, Alee Community expert Apr 2

Thursday: Jeans were once called waist overalls.



Jeans were once called waist overalls.

Online –
Viva Engage

Jeopardy



Like Comment Share

Show 6 previous comments



Kinsland, Alee Sep 26, 2025
Friday Category: **SEASONINGS GREETINGS**

It can take thousands of crocus stigmas to make even a small amount of this golden seasoning used in paella

**Category:
Seasonings
Greetings**

It can take thousands of crocus stigmas to make even a small amount of this golden seasoning used in paella



Online –
Viva Engage

Find the Theme

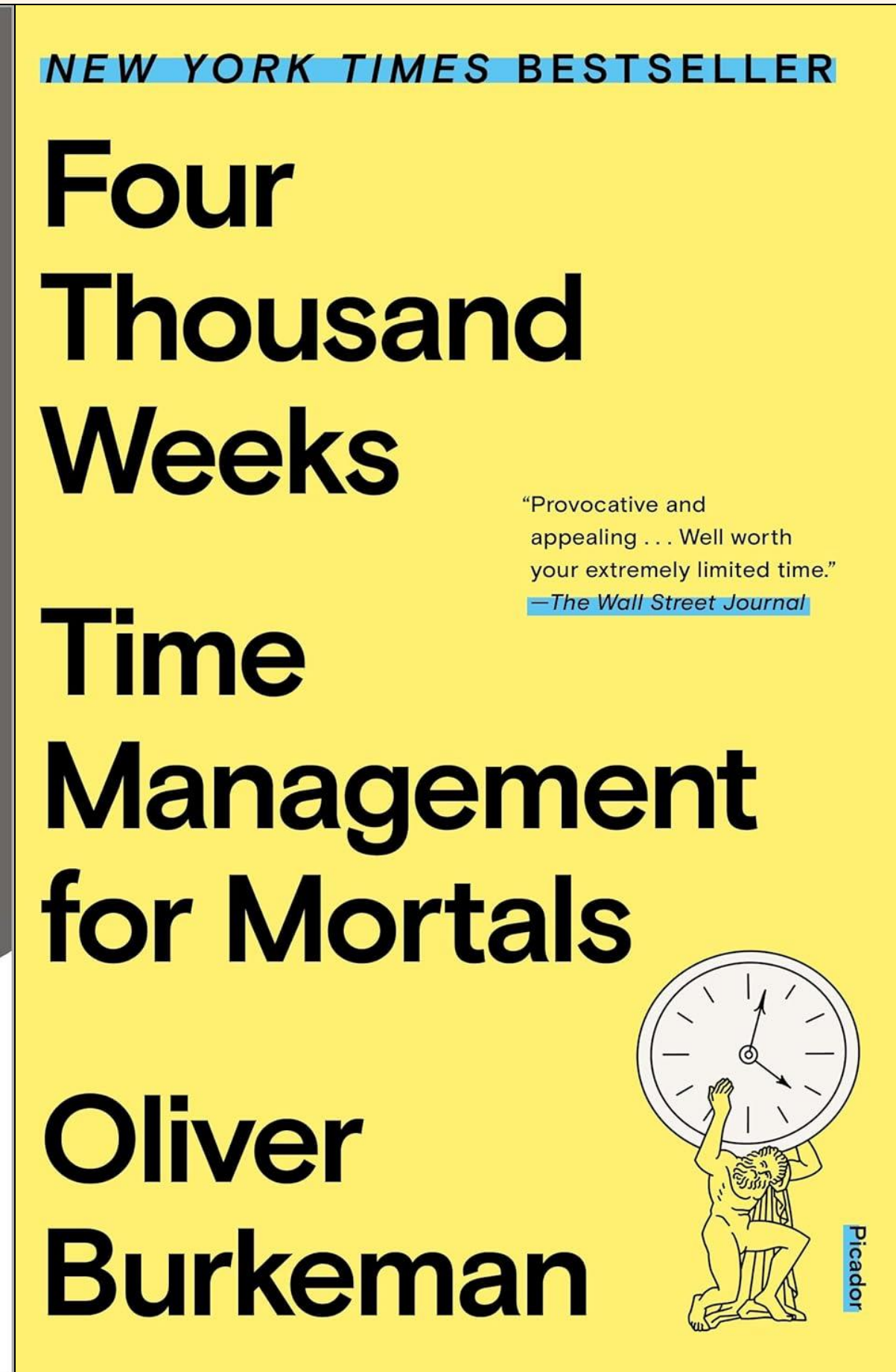
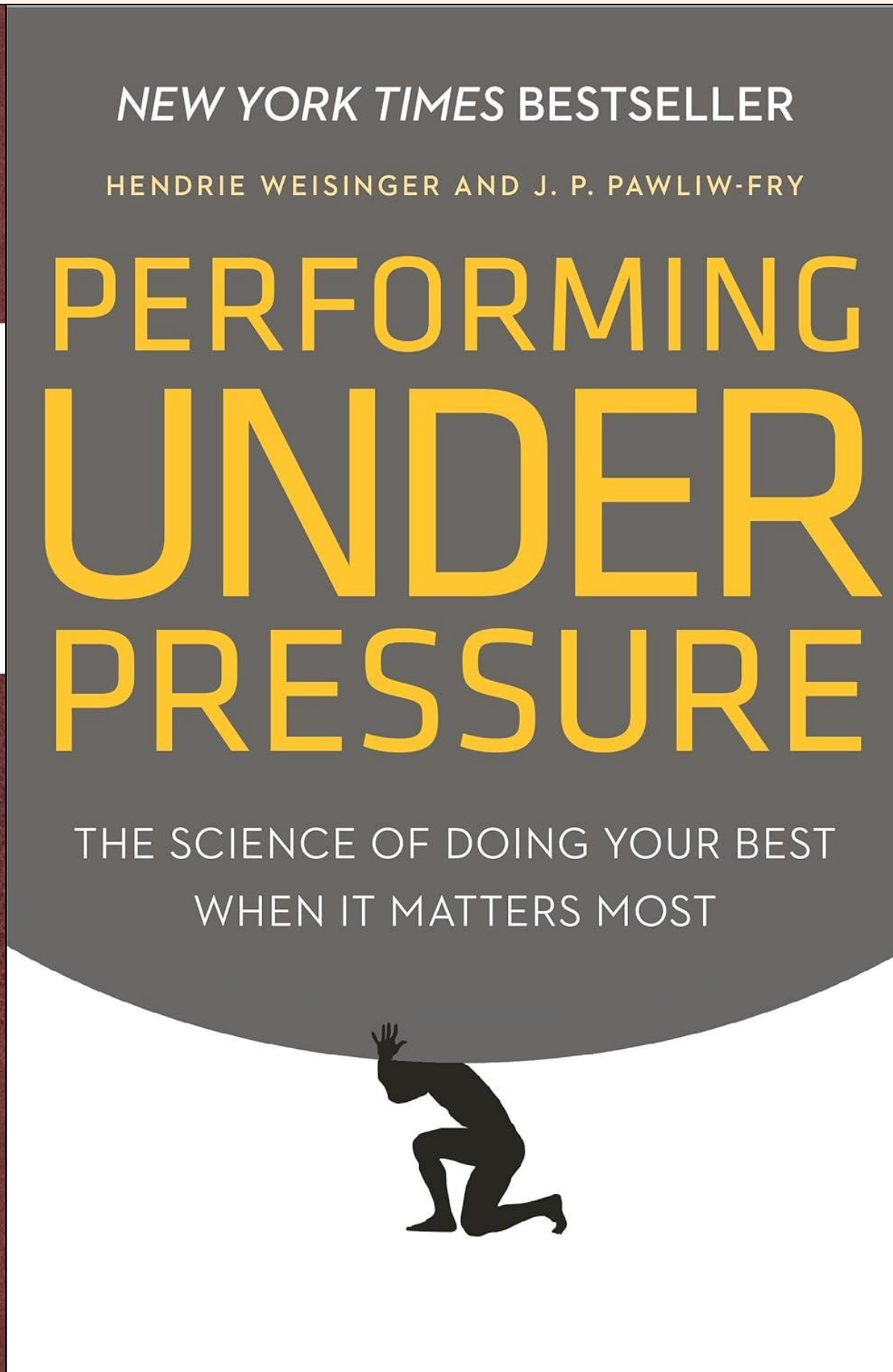
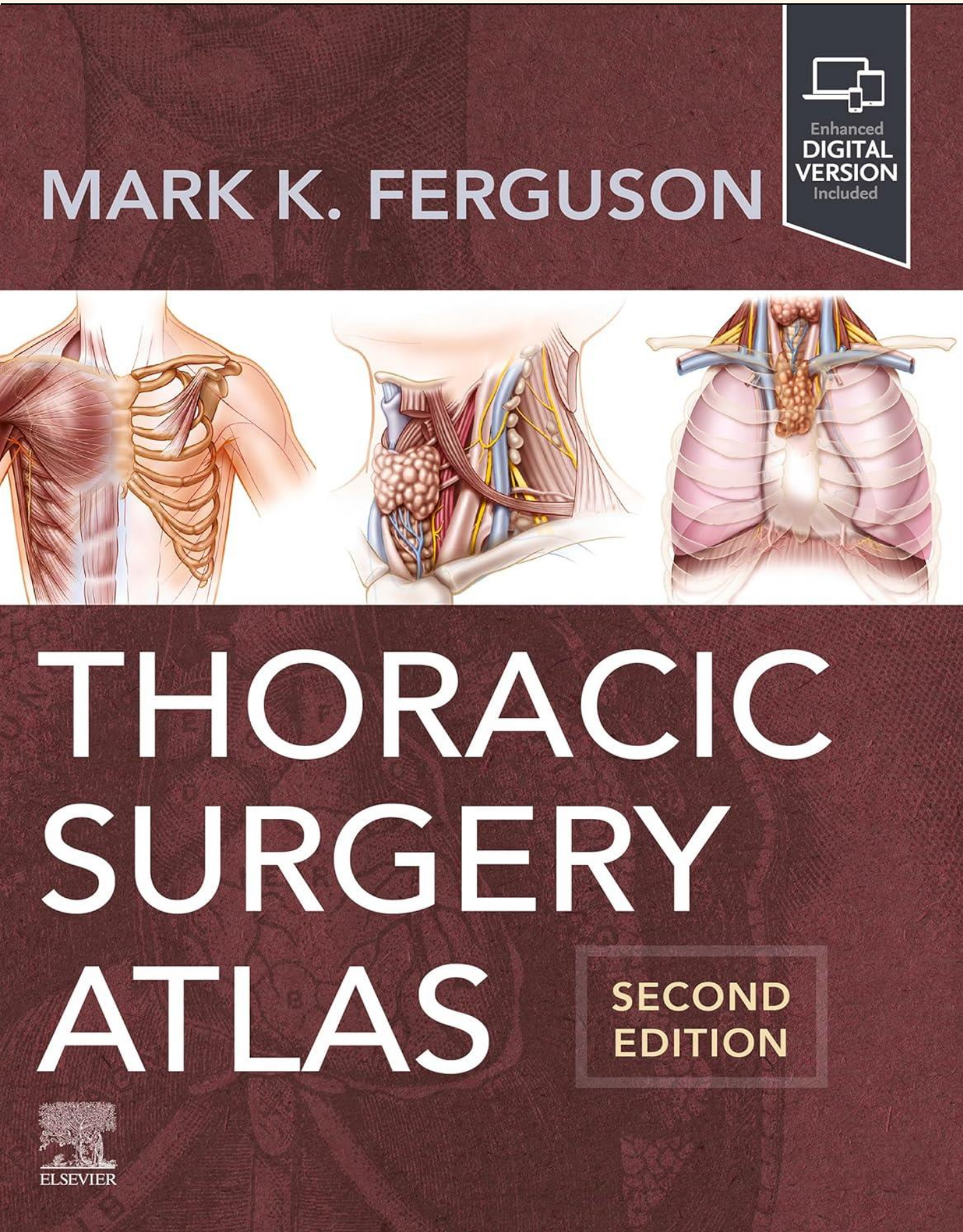
FIND THE THEME

There is a mystery theme tying together each set of books. The theme can be identified by studying the front covers of the books, but has nothing to do with the actual content. Make your best guess, and first person to answer correctly each day wins a prize!

All the books you see are on our shelves!
If you notice a book you'd like to check out,
email the Library at Library@EssentiaHealth.org
to request it.

Online –
Viva Engage

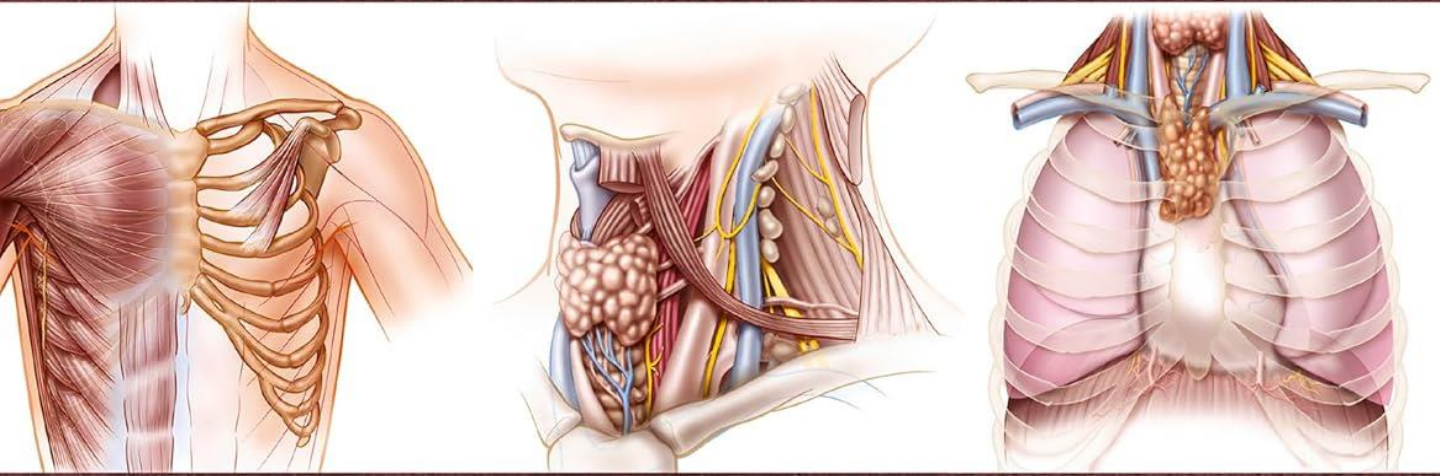
Find the Theme



Theme – Atlas

MARK K. FERGUSON

Enhanced
DIGITAL
VERSION
Included



THORACIC
SURGERY
ATLAS

SECOND
EDITION


ELSEVIER

NEW YORK TIMES BESTSELLER

HENDRIE WEISINGER AND J. P. PAWLIW-FRY

PERFORMING
UNDER
PRESSURE

THE SCIENCE OF DOING YOUR BEST
WHEN IT MATTERS MOST




NEW YORK TIMES BESTSELLER

Four
Thousand
Weeks

Time
Management
for Mortals

Oliver
Burkeman

“Provocative and
appealing . . . Well worth
your extremely limited time.”
—The Wall Street Journal



Picador

Organization

Page 1 of 183 21762 words

Contents
FUN FACTS1
JEOPARDY1
PREVIOUSLY POSTED FUN FACTS1
PREVIOUSLY POSTED JEOPARDY2
MYSTERY THEMES2

- ▶ FUN FACTS
- ▶ JEOPARDY
- ▶ PREVIOUSLY POSTED FUN FACTS
- ▶ PREVIOUSLY POSTED JEOPARDY
- ▶ MYSTERY THEMES

How Does This Apply to You?

Key Takeaways

- ❖ Adaptable tools and services (we're not so different, after all)
- ❖ Contact Us! **Library@EssentiaHealth.org**
 - Interlibrary Loan - MNUAAD on DOCLINE
 - Professional Development
 - Lunch and Learn with DPL
 - Further Questions

Questions?

Thank
you!



References

- Wichman, E. T. (2012). *Librarian's Guide to Passive Programming: Easy and affordable activities for all ages*. ISBN: 978-1598848953
 - ^inspiration for Laid Back Book Club and Find the Theme puzzles
- Naddaf, M., & Quill, E. (2026). The growing problem of hallucinated citations. *Nature*, 652, 26-29.
- Nigam, J. A. S. et al. (2023). "Vital Signs: Health Worker-Perceived Working Conditions and Symptoms of Poor Mental Health - Quality of Worklife Survey, United States, 2018-2022." *MMWR. Morbidity and mortality weekly report*, 72(44), 1197–1205. <https://doi.org/10.15585/mmwr.mm7244e1>
- American Library Association. (2019, January 29). "Library Bill of Rights." <https://www.ala.org/advocacy/intfreedom/librarybill>

Resources

- [cdc.gov](https://www.cdc.gov)
- [clinicaltrials.gov](https://www.clinicaltrials.gov)
- dailymed.nlm.nih.gov
- [drugs.com](https://www.drugs.com)
- [medlineplus.gov](https://www.ncbi.nlm.nih.gov/medlineplus)
- [nih.gov](https://www.nih.gov)
- [pubmed.gov](https://pubmed.ncbi.nlm.nih.gov)
- [weareresourceful.org](https://www.weareresourceful.org)

